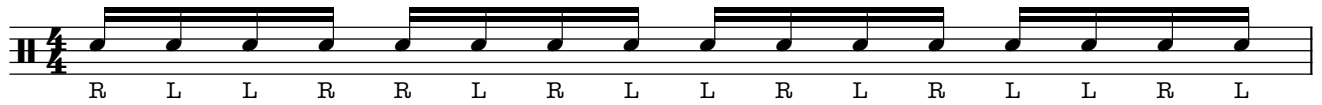


Welcome to QuikStix Task number 1. Each upload will be a new sticking pattern for you to try on the kit. It will include a few little coordination challenges through it, all aimed at taking your vocabulary up a level. Let's get started with "QuikStix Task 1"

1 - Let's start off with the sticking



2 - And add the accents



3 - There are a endless things we could put under it with the feet, let's play a 4 on the floor



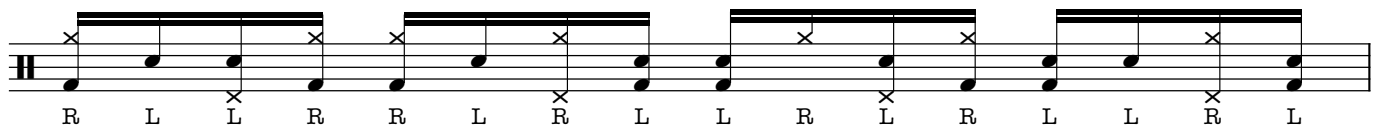
4 - And add an upbeat Hi-Hat?



5 - Now add a kick on the 4th 16th



6 - Finally let's take the leading hand to the ride and groove it!



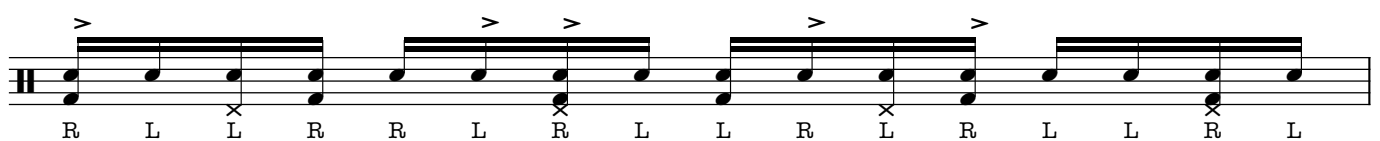
7 - Now let's go down a basic 2nd line trail, start with the kick on the 1st and 4th 16ths of beat 1+3



8 - Lets add the "and" of beat 2+4



9 - Now we're up an running with the kick, let's get the HH playing the upbeat 8th



10 - Finally, let's get the leading hand on the ride and groove it, when you're happy, try and swing it a little



Well done!! See you on the next installment