

The Triplet Space Race

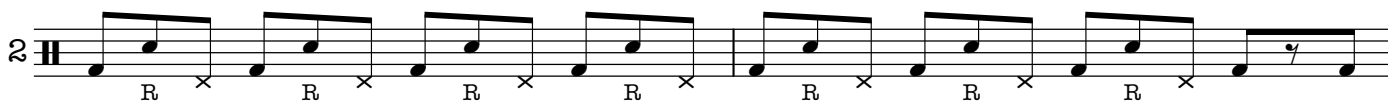
Craig Blundell

The three limb triplet, used by so many and mastered by, 'not' so many! is something I worked on for years in my Bonham phase. It was always a matter of getting the space right and getting the limbs to be spaced out correctly. Over the years, I've worked on so many variations, and would like to share this one with you using both feet. Now, this isn't difficult in the processing of the notes, it's not a heavy read nor is it technical, but it's all about spacing. To get this right, the first beat should be as effortless as the last at whatever tempo you want to throw at it, and make sure the spacing between all the notes is perfect!

Start by playing the right hand followed by the feet



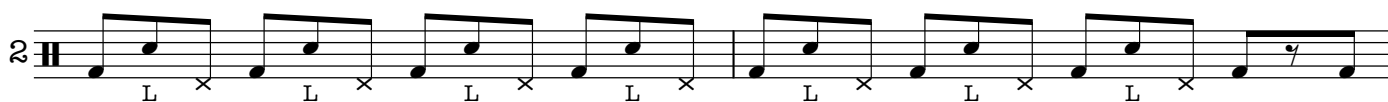
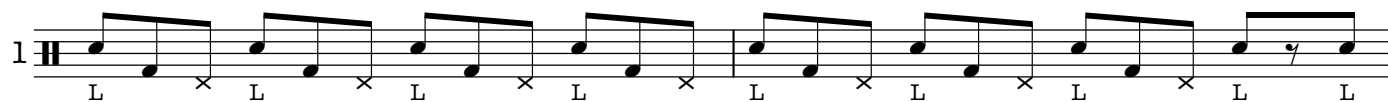
Now, move the right hand to the middle note of the triplet, practice coming from the transition above



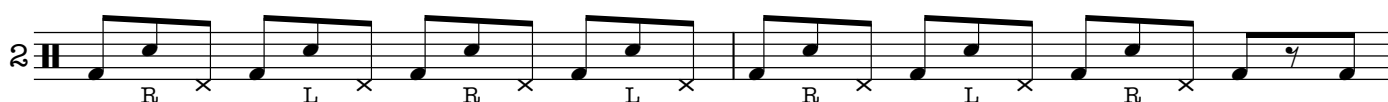
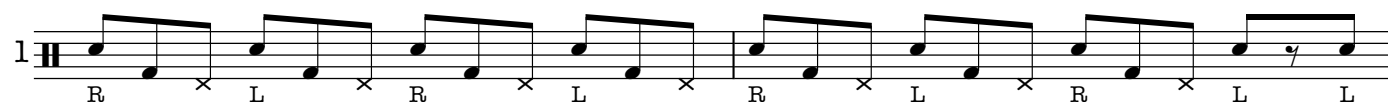
Finally, move the hand to the 3rd note



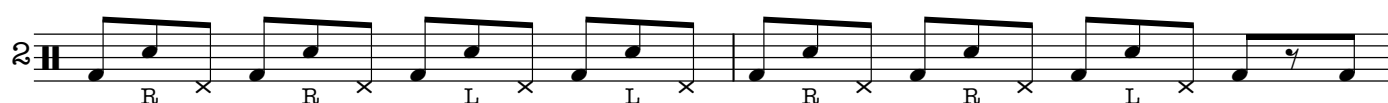
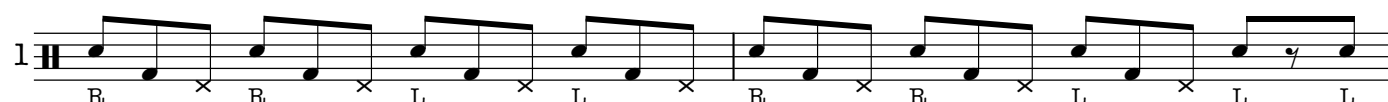
PART 2 - Now repeat the process with the left hand



PART 3 - Now let's play the same process over the next three phrases with single strokes



PART 4 - Finally, doubles. Of course, you can flip part 3 and this part and take it to paradiddles..



Well done!! See you on the next installment